## HEALTH SERVICE USE

During the 2 weeks ending yesterday, did you talk to a family doctor (GP) about your own health either in person or by telephone?
Tick one only


No $\square$
How many times did you talk to a family doctor (GP) about your own health in these $\mathbf{2}$ weeks?
Please write in number


During the $\mathbf{2}$ weeks ending yesterday, did you see a practice nurse or other nurse at the GP surgery about your own health?
Tick one only


No $\square$
How many times did you see a practice nurse or other nurse at the GP surgery about your own health in these 2 weeks?
Please write in number


During the last 12 months, did you attend any department of a hospital as a patient?
Tick one only


How many times did you attend a hospital about your own health in these 12 months?
Please write in number $\square$
During the last 12 months, have you used any of these services for yourself?
Tick one box on each row

| + | Yes |
| :---: | :---: |
| Optician |  |
|  |  |
| Health Visitor, District Nurse or other community nurse |  |
| GP out of hours services |  |
| NHS Direct (National NHS telephone helpline) |  |

Pharmacist including local pharmacists and those in large stores and supermarkets (eg picked up prescribed medicine, asked for advice, bought medicines kept behind the counter)

$\square$

In general, would you say your health is ... ?
Tick one only


Compared to one year ago, how would you rate your health in general now? Tick one only

| Much better now than one year ago |
| :---: |
| Somewhat better now than one year ago |
| About the same as one year ago |
| Somewhat worse now than one year ago |
| Much worse now than one year ago |

## ABOUT YOU

Are you:


Female $\square$

How old were you on your last birthday? Please write in whole years $\square$

How tall are you?


Or cm


How much do you weigh?


Or kg


Does anyone come to your home to help you out?


Is that a:


How many times a week does the person come to your home?


