JOB TITLE: **Move More Coordinator (YGT)**

RESPONSIBLE TO: Partnership Development Manager, MVDA

Note: Line management sits with MVDA as the employing organisation, with daily work plans set and overseen by the MUST Team Manager.

RESPONSIBLE FOR: No line management responsibilities initially.

JOB PURPOSE: The post holder will take a whole system, place-based approach to researching, planning, developing, implementing and evaluating the 'Move More' pathway, across elderly, disability, and mental health care settings across South Tees, working collaboratively with relevant stakeholders. The post holder will support care settings to increase knowledge and awareness around integrating movement into resident's daily routines, supporting residents to maintain independence and social interaction, improve mobility, wellbeing and enhancing quality of life. The 'Move More' strand is the next stage in the expansion of the Malnutrition Universal Screening Tool (MUST) model in South Tees, which aims to reduce hospital admissions, contributing to the wider public health agenda by working with key organisations and other relevant agencies.

This programme is delivered in partnership with, and fully funded by, You've Got This, the Sport England Place Partnership in South Tees, committed to increasing population level physical activity using a whole system, place-based approach.

LAST REVIEWED: October 2026 (to be reviewed at least annually)

1. MAIN DUTIES

1.1 Work collaboratively with stakeholders to collate insight and codesign a whole system approach to improve physical activity of residents in care homes,

enabling them to move more, helping people stay out of hospital, and supporting the falls prevention pathway.

1.2 To research and seek out best practice nationally, regionally and locally to inform the development and delivery of the work.

1.3 Based on the codesign process, develop and implement action plans that align to the codesign process, working collaboratively with key stakeholders, care homes, and community groups across various settings to build partnerships and support effective delivery.

1.4 Support care homes to develop and implement therapeutic programmes of activities for residents, which supports independence, mental wellbeing, physical strength and identifies activities in surrounding areas, that supports residents to integrate into the local community.

1.5 Develop and deliver appropriate resources to further the work with partner organisations and relevant stakeholders, including train the trainer programmes, educational resources, workshops presentations.

1.6 Manage and monitor programmes, projects and other interventions, identifying and using learning to inform and shape future work, including liaising with Adult Social Care staff on how Move More pathway can be integrated into care homes sustainably.

1.7 Maintain a high level of knowledge and understanding in relation to health and wellbeing concerns of the target population and to be able to translate this into local delivery and policies. To provide advice and support to partner agencies in relation to public health concerns.

1.8 Apply learning from the work to the development and commissioning of services.

1.9 To actively engage in local, regional and national meetings and events as relevant to the work, promoting learning and considering local implications and outcomes for implementation.

1.10 Build a collaborative approach to the work, maintain strong partnerships through regular communication and purposeful meetings with partners.

2. GENERAL

2.1. Adhere to all legislation, policy, procedure and best practice to promote inclusivity and the appreciation of diversity.

2.2. Take responsibility for personal development, undertaking agreed training in line with organisational requirements and participate in regular supervision and appraisal.

2.3. Take responsibility for meeting all relevant targets and deadlines.

2.4. Actively contribute to the wider MVDA, YGT and MUST teams through effective collaboration, participation in meetings, sharing good practice and supporting colleagues as required.

2.5. Produce information as required for publications and other communications channels including newsletter, ebulletin, social media and website.

2.6. Contribute to organisational planning and policy.

2.7 Be responsible for own administration.

2.8. Carry out all work with reference to organisational policies, procedures and values.

2.9. Undertake other duties as required by your line manager other managers within the organisation and/or the CEO.